

Referrals Guide for our Low Risk Maternity Team

Our [low risk maternity clinic](#) is staffed by 10 experienced family physicians who greatly value providing comprehensive pregnancy and postpartum care to your patients. Our team has a cumulative 150 years of experience in maternity care. We provide evidence-based care that is individualized to each patient. We also maintain close relationships with our local obstetricians and are able to easily access advice on our patients should their care develop any extra complexities.

We accept referrals as soon as they have a positive pregnancy test and can accommodate most appointments within 1 to 2 weeks. If your consultation requires urgent attention, please call the PCN office to speak with one of our team members. For routine pregnancy referrals please fax a detailed referral letter or our referral form including:

- Patient's name, ULI and up to date contact information.
- Gravida and parity.
- LMP and EDC.
- Pre pregnancy BMI.

We will gladly arrange all relevant investigations however some are time sensitive. If you are referring your patient after 11 weeks gestation, the following are recommended for routine prenatal screening:

- CBC, urinalysis and MSU culture, urine chlamydia and gonorrhea screening.
- Provincial prenatal testing – first trimester universal prenatal communicable disease screening.
- Canadian Blood Services perinatal testing – ABO/Rh, Antibody Screen.
- Dating ultrasound should occur between 7 - 12 weeks gestation.
- Genetic testing: discuss the option of nuchal translucency scan to be scheduled between 11 - 14 week, or non-invasive prenatal testing (>10 weeks).
- Routine anatomy ultrasound should be scheduled between 18 - 20 weeks.

Due to increased complexities in pregnancy and/or deliveries, our team is **NOT** able to accept referrals when patient fits the following criteria:

- Pre pregnancy elevated BMI of >40.
- Pre-existing diabetes mellitus, hypertension, and or other complex medical conditions.
- Known twin pregnancies.
- Age under 18 years old or over 40 years old.
- Previous cesarean section.

For these conditions, we suggest a referral to an obstetrician.

After delivery, our maternity team offers a visit for the parent and new baby at 1 week and 4 weeks postpartum, and then return them both to the care of their primary care provider by 6-8 weeks postpartum.

Thank you very much for involving us in your patient's care. We look forward to getting to know them better during their time at our clinic.

Please don't hesitate to reach out if you have any questions.

Sincerely,

The Low Risk Maternity Team at the SASPCN

Dr. Bailey Adams

Dr. Krista Bennett

Dr. Karen Ching

Dr. Kevin Desmarais

Dr. Barbara Fischer

Dr. Celine Gannon

Dr. Jacqueline Kassam

Dr. Marielle Pratt

Dr. Juliana Rey-Parra

Dr. Margaret Schaffter

